



REG DIVERS

RESCUE CLASS

This course will expand your knowledge and experience levels. Rescue divers learn to look beyond themselves and help others. Rescue diver training will prepare you to prevent problems and manage dive emergencies. The rescue program includes open water training exercises to fully prepare you in the event of a diving emergency. You'll gain confidence and greatly enhance your diving skills.

- **Key points learned**
- **Self-rescue and diver stress**
- **Emergency management**
- **Panicked diver response**
- **In-water rescue breathing**

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Prerequisite

Advanced certification

20 logged dives

EFR and CPR certifications

Certification Requirements

- Complete five knowledge development segments and final exam
- Demonstrate skills from the Self-Rescue Review
- Demonstrate skills from Rescue exercises 1-10 in open water
- Participate in Rescue Scenarios 1 and 2
- Prepare an emergency assistance plan for a dive site

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Required gear

You should own all your scuba gear and equipment by this time.

Dive knife and slate.

Compass and whistle.

Safety sausage and pocket mask.

Fees include Rescue diver crew pack and certification card.